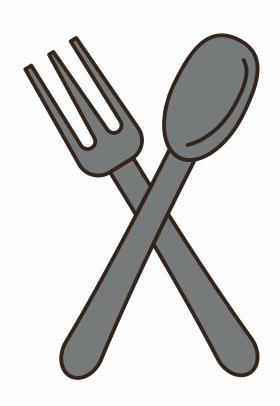
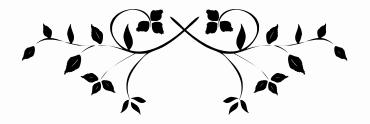
My Kitchen Binder



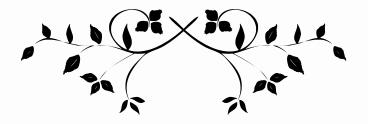


Recipes

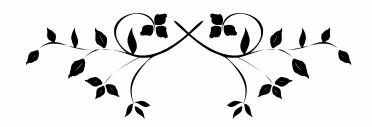
Appetizers



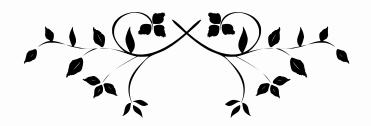
Beverages



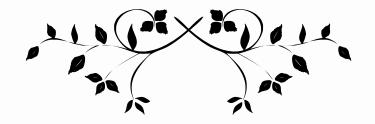
Bread & Pasta



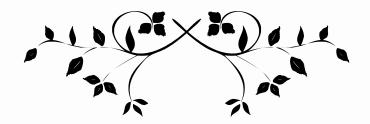
Dessepts



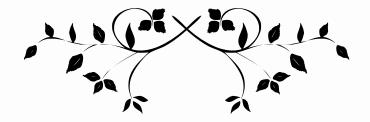
Main Dishes



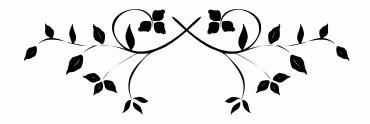
Meat



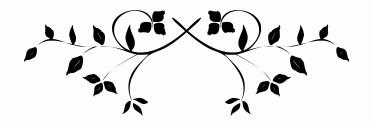
Poultpy



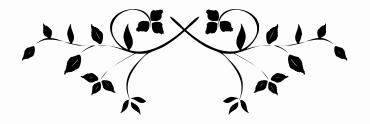
seafood



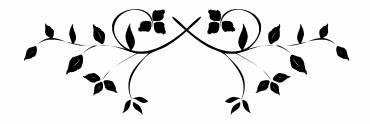
Soups & Salads



Vegetables



Everything Else





Meal Planning

Favorite Meals

Recipe Inventory

Appetizers	Beverages	Bread & Pasta	Desserts

Recipe Inventory

Main Dishes	Meat	Poultry	Seafood

Recipe Inventory

Soups ಆ Salads	Vegetables	Other	Other

Weekly Menu

Monday

Breakfast		
Lunch		
	Tuesday	
Breakfast		
Lunch		
	Wednesday	
Breakfast		
Lunch		
	Thursday	
Breakfast		
Dinner		
	Friday	
Breakfast		
Lunch		
Saturday		Sunday
Breakfast	Breakfast	
_unch		
Dinner		